



LEGACY VIDEO QUESTIONS:

1. Who did you look up to as a child? And why?
2. Who do you look up to now? And why?
3. What in your life are you most grateful for?
4. Tell me about your hobbies and passions and the things about you that would answer the question of "Who is _____?"
5. Did you have any misconceptions about the world when you were younger? If so, how has your perspective changed since then?
6. What are your plans for the future?
7. What was one of the biggest hardships you were able to overcome to be able to be sitting here talking to me today? How did you get through it? Are there any lessons you learned from it?
8. What would you most like to be remembered for?
9. What are you passionate about? And what it is about _____ that excites you?
10. Tell me about a time when you first remember feeling love.
11. Do you have any regrets up until this point in your life?
12. What type of person would you like to be remembered as?
13. When you were young, did you have certain plans and goals for this stage of your life? Have those plans changed since then? What advice would you give to that younger version of yourself?
14. After everything you've lived and experienced, you must have reached certainty about certain things in life. I'd like you to boil all those life lessons down into a statement for this next question. That question is: "What's your truth?"
15. Was there a time in your life when you felt like you were heading down the wrong path? What ended up happening? Did you learn anything from that experience?
16. What is one thing you're especially proud of?
17. Tell me about something that really scares you.
18. Tell me about something that really brings you joy.
19. What word of advice would you give to younger generations that you think could really benefit them?
20. Growing up, what did you think of your father? What influence did he have on you as a kid?
21. How about your mother?
22. What was the economic status of your family? Any adverse situations: divorce, illness, alcoholism, etc.?

23. Did you like school? What were you most interested in? What subjects are you most interested in today?
24. What do you do for a living? How do you see your profession? What do you like about it and what do you dislike?
25. Did you enjoy travel throughout your life? If so, what did you find abroad that's stayed with you all these years?
26. Have you experienced disappointment in your life? Have your priorities changed over the course of your life?
27. Were there any historical events you experienced that you believe have shaped you into who you are today? If so, can you share a couple with me?
28. What was it like living through the Great Depression?
29. What type of person do you consider a hero?
30. When you were young, did you have an ideal partner? Has that ideal type of person changed now that you're older?
31. Did you have any children? What was that experience like for you?
32. Do you like to daydream? If so, what do you think about? Is it memories from the past? Hopes for the future?
33. Throughout your life, what did you want most? How badly did you want it? How did you go about pursuing that?
34. What have been your views on health? Is there anything that's worked well for you or that you wish you had avoided during your life?
35. Tell me about your upbringing. How do you think that period of your life shaped you into the person you are today?
36. Describe the kitchen of your childhood. Do any memorable meals (good or bad) stand out? How did meal preparation back then differ from today?
37. How were other chores, like cleaning and doing wash, different from today?
38. What did your family do for fun?
39. Do you have any favorite family stories and memories that you like to tell?
40. What are your fondest memories of your husband/wife?
41. Do you remember the moment when you first met? Was it love at first sight?
42. What kinds of things did you two enjoy talking about and doing for fun?
43. I'm sorry. This is going to sound morbid, but how do you view death? Most people are so terrified of death, they refuse to talk about it. Has your life experience given you any perspective on the subject?
44. If this was your living will, are there any words of wisdom you'd like to leave behind for each member of your family who you're still in touch with?
45. Imagine it's many, many years into the future and you're on your deathbed. You've lived a full, happy life and your closest family member gives you a pen and piece of paper to write down your 3 biggest lessons about life. What would you write?